

SWAN DISTRICTS GYMNASTICS RECREATION TIMETABLE 2020

	Mon	Program	Tues	Program	Wed	Program	Thur	Program	Fri	Program	Sat	Program
KINDER	10-12	\$5.00 DROP IN 4 yrs and under							9.15-10	Waddle n Toddle 1-2 yrs		
					10-11	Swan n Cygnets 2-4 yrs	10-11	Swan n Cygnets 2-4 yrs	10-11	Swan n Cygnets 2-4 yrs		
					11.15 - 12.15	Strong Swans 4 yrs plus	11.15 - 12.15	Strong Swans 4 yrs plus	11.15 - 12.15	Strong Swans 4 yrs plus		
GIRLS	Mon	Program	Tues	Program	Wed	Program	Thur	Program	Fri	Program	Sat	Program
	4.00-5.00	JNR White Swans 4-7yrs	4.00-5.00	JNR White Swans 4-7yrs	4.00-5.00	JNR White Swans 4-7yrs	4.00-5.00	JNR White Swans 4-7yrs	4.00-5.00	JNR White Swans 4-7yrs	9.00- 10.00	JNR White Swans 4-7yrs
		Silver Swans 6 plus	4.15-6.15	Silver Swans 6 plus		Silver Swans 6 plus	4.15-6.15	Silver Swans 6 plus	4.15-6.15	Silver Swans 6 plus	9.30- 11.30	Silver Swans 6 plus
	5.00-6.00	SNR White Swans 7 yrs plus	5.00-6.00	SNR White Swans 7 yrs plus	5.00-6.00	SNR White Swans 7 yrs plus	5.00-6.00	SNR White Swans 7 yrs plus	5.00-6.00	SNR White Swans 7 yrs plus	10.00- 11.00	SNR White Swans 7 yrs plus
BOYS	Mon	Program	Tues	Program	Wed	Program	Thur	Program	Fri	Program	Sat	Program
	4.00-5.00	JNR Grey Swans 4-7 yrs	4.00-5.00	JNR Grey Swans 4-7 yrs	4.00-5.00	JNR Grey Swans 4-7 yrs	4.00-5.00	JNR Grey Swans 4-7 yrs			9.00- 10.00	JNR Grey Swans 4-7 yrs
			4.15-6.15	Black Swans 6 plus			4.15-6.15	Black Swans 6 plus	4.15-6.15	Black Swans 6 plus	10-12	Black Swans 6 plus
	5.00-6.00	SNR Grey Swans 7yrs plus	5.00-6.00	SNR Grey Swans 7yrs plus	5.00-6.00	SNR Grey Swans 7yrs plus						
MIXED	Mon	Program	Tues	Program	Wed	Program	Thur	Program	Fri	Program	Sat	Program
	4-00-5.00	JNR Free G 4-7yrs			4-00-5.00	JNR Free G 4-7yrs			4-00-5.00	JNR Free G 4-7yrs		
									4.00-5.00	Team gym Novice	2.30-4.30	Team gym Intermediate
	5.00-6.00	SNR Free G 7yrs plus			5.00-6.00	SNR Free G 7 yrs plus			5.00-6.00	SNR Free G 7 yrs plus	4.30-6.30	Team gym Advanced
TEEN / ADULT	Mon	Program	Tues	Program	Wed	Program	Thur	Program	Fri	Program	Sat	Program
	12.30- 2.30	\$5.00 ADULT DROP IN			12.30- 2.30	\$5.00 ADULT DROP IN			12.30- 2.30	\$5.00 ADULT DROP IN	4.30-6.00	Teen /Adult Class
			6.30-8.00	Teen/Adult Class	6.00-7.30	Power Tumble					5.00-6.30	Free G / Parkour